

# ABSTRACT OF THE DISCLOSURE

A stabilization device for an athletic shoe or sneaker having two elongate straps for wrapping around a foot within the shoe. The straps are attached to the inside sidewalls of the shoe and exit the shoe through lateral slits adjacent to the sole. Each strap then passes through a buckle, and the two straps are attached to each other with a VELCRO material. Two lateral support bumpers, integral with the shoe near the sole and which project outwardly on the lateral sidewall, provides further projection against foot injuries. The upper shoe component having a sufficiently stiff consistency to prevent acute angles that form during inversion stresses.